** Synchronized Skating – 2019-2020 Selection Sheet**

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| ***Team*** | ***Location*** | ***Program Cost*** | ***Preference*** |
| Synergy Adult Team I Monday 9:00-9:50pm  Minimum age requirement is 18 by Jul 1/19. | Twin Rinks | $325.00 |  |
| Synergy Adult Team II Wednesday, 6:15-7:05am  Minimum age requirement is 19. | Twin Rinks | $325.00 |  |
| **Synergy Adult Team III**  Wednesday 8:30-9:20pm ice  Minimum age requirement is 19. | F. Gardens | $325.00 |  |
| Synergy Intermediate Team Saturday 4:00-4:50pm  Off Ice (TBD)  Tuesday 8:00-8:50pm | Twin Rinks  Cowan Heights UC  Twin Rinks | $590.00 |  |
| **Synergy Pre-Novice Team**  Tuesday 5:15-6:05pm  Thursday 6:30-7:20am (bi-weekly)  Saturday 3:00-3:50pm | Twin Rinks  Twin Rinks  F. Gardens | $560.00 |  |
| Synergy Juvenile Team Saturday 2:00-2:50pm  Thursday 6:30-7:20am (bi-weekly)  Tuesday 5:15-6:05pm | F. Gardens  Twin Rinks (Bi-Weekly)  Twin Rinks | $505.00 |  |
| Synergy Pre-Juvenile Team Saturday 7:15-8:00am  Thursday 6:30-7:20am (bi-weekly)  Tuesday 5:15-6:05pm | F. Gardens  Twin Rinks (Bi-Weekly)  Twin Rinks | $450.00 |  |
| **Synergy Elementary Team**  Saturday 1:05 -1:50pm | F. Gardens | $220.00 |  |
| **Synergy Beginner I Team**  Saturday 12:50-1:35pm | F. Gardens | $220.00 |  |

***SYNCHRO SESSIONS: START October 1, 2019 to March 5, 2020***

# PROGRAM ASSISTANT POLICY

***\*If the skater is unable to fulfill the Program Assistant responsibilities, please contact the club for alternative pricing.***

Skaters who are 11 years of age or older are required to be a Program Assistant

within our CanSkate Program (Not applicable to members of the Adult Teams).

Please complete the PA selection sheet and submit with your skating application.