



Prince of Wales
Skating Club

SUMMER SKATE

JULY 2 - AUGUST 16, 2024

WEEKS 1 - 3				
July 2 - 5 July 8 - 12 July 15 - 19 Jack Byrne Arena				
WEEKS 1 - 3	9:00 - 9:50 AM	Skills/Dance	OFF-ICE	
	10:00 - 10:50 AM	Senior		
	11:00 - 11:50 AM	Intermediate		
	12:00 - 12:50 PM	Senior	1:00 - 1:50 PM	Senior
	1:00 - 1:50 PM	Intermediate	2:00 - 2:50 PM	Intermediate
	2:00 - 2:50 PM	Junior	3:00 - 3:50 PM	Junior

WEEK 4				
July 22 Twin Rinks				
WEEK 4	12:00 - 12:50 PM	Intermediate	OFF-ICE	
	1:00 - 1:50 PM	Senior		
	2:00 - 2:50 PM	Intermediate	2:00 - 2:50 PM	Senior
	3:00 - 3:50 PM	Senior	3:00 - 3:50 PM	Intermediate
	4:00 - 4:50 PM	Skills/Dance	4:00 - 4:50 PM	Junior
	5:00 - 5:50 PM	Junior		
July 23 Twin Rinks & Jack Byrne				
WEEK 4	12:00 - 12:50 PM	Intermediate (TR)	OFF-ICE	
	1:00 - 1:50 PM	Senior (TR)		
	2:00 - 2:50 PM	Intermediate (TR)		
	4:00 - 4:50 PM	Senior (JB)	5:00 - 5:50 PM	Senior (JB)
	5:00 - 5:50 PM	Junior (JB)	6:00 - 6:50 PM	Junior (JB)
	July 24 - 26 Twin Rinks & Jack Byrne			
WEEK 4	12:00 - 12:50 PM	Skills/Dance (TR)	OFF-ICE	
	1:00 - 1:50 PM	Intermediate (TR)		
	2:00 - 2:50 PM	Senior (TR)		
	5:00 - 5:50 PM	Junior (JB)	4:00 - 4:50 PM	Junior (JB)
	6:00 - 6:50 PM	Intermediate (JB)	5:00 - 5:50 PM	Intermediate (JB)
	7:00 - 7:50 PM	Senior (JB)	6:00 - 6:50 PM	Senior (JB)

WEEK 5				
July 29 - Aug 2 Twin Rinks & Jack Byrne				
WEEK 5	9:00 - 9:50 AM	Senior (JB)	OFF-ICE	
	10:00 - 10:50 AM	Intermediate (JB)	11:00 - 11:50 AM	Intermediate (JB)
	11:00 - 11:50 AM	Senior (JB)	12:00 - 12:50 PM	Senior (JB)
	1:00 - 1:50 PM	Intermediate (TR)	OFF-ICE	
	2:00 - 2:50 PM	Skills/Dance (TR)		
	3:00 - 3:50 PM	Junior (TR)		

WEEK 6 - 7				
Aug 5 - 9 Aug 12 - 16 Jack Byrne Arena				
WEEK 6 - 7	12:00 - 12:50 PM	Senior	OFF-ICE	
	1:00 - 1:50 PM	Intermediate		
	2:00 - 2:50 PM	Senior	3:00 - 3:50 PM	Senior
	3:00 - 3:50 PM	Intermediate	4:00 - 4:50 PM	Intermediate
	4:00 - 4:50 PM	Junior	5:00 - 5:50 PM	Junior
	5:30 - 6:20 PM	CanSkate (Hebron)	6:30 - 7:05 PM	CanSkate (Hebron)

Session Level Criteria	
CanSkate	No experience necessary
Junior	Passed CanSkate Stage 6
Intermediate	Passed STAR 4 Elements
Senior	Passed STAR 8 Elements or competing Juvenile level or higher

Pricing

Fees include ice time, stroking, and off-ice training. Coaching fees are not included (except one development session on Fridays and CanSkate). Skaters **MUST** register for a minimum of 2 weeks. Registration may be paid in 4 installments.

WEEK 1 (4 days)

Intermediate / Senior	\$148 / wk
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Includes 7 Regular Sessions, 1 Club-Coached Development Session, 4 Off-Ice Sessions

Junior	\$92 / wk
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Includes 3 Regular Sessions, 1 Club-Coached Development Session, 4 Off-Ice Sessions

WEEKS 2-7

Intermediate / Senior	\$185 / wk
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Includes 9 Regular Sessions, 1 x Club-Coached Development Session, 5 Off-Ice Sessions

Junior	\$115 / wk
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Includes 4 Regular Sessions, 1 Club-Coached Development Session, 5 Off-Ice Sessions

SKILLS/DANCE

Weeks 1 & 4	\$64 / wk
Weeks 2,3, & 5	\$80 / wk

Includes 5 x 45-Minute Sessions & 1 x 30-Minute Off-Ice Session

CANSKATE

Weeks 6 - 7	\$90 / wk
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Includes 5 x 45-Minute Club-Coached Sessions & 4 x 35-Minute Off-Ice Sessions

DISCOUNTS - Senior, Intermediate, and Junior only.	3 weeks	5%
	4 weeks	10%
	5 weeks	15%
	6+ weeks	20%

Registration | powsc.uplifter.com

Tuesday, April 23, 2024

Senior	5:00 PM
Intermediate	6:00 PM
Junior/CanSkate	7:00 PM