

POWSC 2024-2025 Schedule

Locations:	Twin Rinks #2	T2	Twin Rinks #1	T1	*Yetman's Arena	YA	Goulds Arena	GA	Capital Subaru	CS	Jack Byrne	JB
------------	---------------	----	---------------	----	-----------------	----	--------------	----	----------------	----	------------	----

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Senior 6:30 - 7:30 AM	T2	Intermediate 3:30 - 4:50 PM	T2	Junior / Intermediate 6:30 - 7:30 AM	T2	Adult 2 Synchro 6:00 - 7:00 AM	T2	Competitive (Juvenile +) 6:30 - 7:50 AM	T2	Star 4 Synchro 7:00 - 7:50 AM	YA	Senior 8:00 - 9:20 AM	YA
Novice Synchro 4:00 - 5:50 PM	T2	Junior 5:00 - 6:10 PM	T2	Senior 3:30 - 4:50 PM	T2	Senior 3:30 - 4:50 PM	JB	Senior 3:30 - 4:50 PM	JB	Senior 3:30 - 4:50 PM	T2	Junior 8:00 - 9:00 AM	YA
Intermediate 4:00 - 5:00 PM	YA	Senior 6:20 - 7:50 PM	T2	Junior Club-Coached 5:00 - 5:50 PM	T1	Dance / Skills 5:00 - 5:50 PM	JB	Dance / Skills 5:00 - 5:50 PM	JB	Junior 3:30 - 4:50 PM	T2	Intermediate 9:10 - 10:20 AM	YA
Dance / Skills 5:00 - 5:40 PM	YA	Dance / Skills 8:00 - 8:50 PM	T2	PowerSkate: Pre & Level 1 5:00 - 5:50 PM	T2	CanSkate 1-4 6:30 - 7:30 PM	GA	CanSkate 1-4 6:30 - 7:30 PM	GA	Intermediate 5:00 - 6:00 PM	T2	PreCanSkate 10:30 - 11:00 AM	YA
Junior Club-Coached 5:50 - 6:50 PM	YA	CanSkate 2-6 4:00 - 4:50 PM	YA	PowerSkate: Level 2 & 3 6:00 - 6:50 PM	T2			Intermediate 6:10 - 7:20 PM	T2	CanSkate 1-4 11:15 - 12:00 PM	YA	Star 6 Synchro 11:30 - 12:50 PM	YA
Gold Synchro 9:00 - 9:50 PM	T2	PowerSkate: Pre & Level 1 5:00 - 5:50 PM	YA	PowerSkate: Level 4 7:00 - 7:50 PM	T2					PreStar 12:00 - 12:45 PM	YA	Adult 1 Synchro 8:00 - 8:50 PM	YA
		PowerSkate: Level 1 & 2 6:00 - 6:50	YA							Star 3 Synchro 12:45 - 1:15 PM	YA	Adult 3 Synchro 9:00 - 9:50 PM	YA
		PowerSkate: Level 2 & 3 7:00 - 7:50	YA							Novice Synchro 1:30 - 2:20 PM	YA	PreCanSkate 1:30 - 2:00 PM	T2
		Adult CanSkate 8:00 - 8:50	YA							Nov/Star 8 Skills 2:20 - 2:50 PM	YA	CanSkate 1-2 2:00 - 2:50 PM	T2
										Star 8 Synchro 2:20 - 3:50 PM	YA	CanSkate 3-6 3:00 - 3:50 PM	T2
										Adult Open 4:00 - 4:50 PM	YA		
										PowerSkate: Pre & Level 1 12:30 - 1:20 PM	T2		
										PowerSkate: Level 1 & 2 1:30 - 2:20 PM	T2		
										PreCanSkate 1:30 - 2:00 PM	CS		
										CanSkate 1-2 2:15 - 3:00 PM	CS		
										CanSkate 3-6 3:15 - 4:00 PM	CS		
										Gold Synchro 4:30 - 6:50 PM	JB		

STAR Session Qualifications:

Junior Club-Coached	CanSkate 4+
Junior	CanSkate 5+, private coach
Intermediate	Star 4 FreeSkate OR Star 5 Skills & Dance
Senior	Star 7 FreeSkate OR Star 9 Skills & Dance

*Please Note:

Yetman's Arena is undergoing repairs and is unavailable for the month of September. If you are registering for a session(s) at Yetman's, please review the September Replacement Ice Schedule for session times and locations.