

# POWSC 2024-2025 Schedule

<b>PLEASE NOTE:</b>	<b>Locations:</b>		<b>STARSkate Qualifications:</b>
Yetman's Arena is undergoing repairs and is unavailable for the month of September. If you are registering for a session(s) at Yetman's, please review the September Replacement Ice Schedule for session times and locations.	Twin Rinks 1	T1	<b>Junior Club-Coached</b>
	Twin Rinks 2	T2	CanSkate 4+
	Yetman's Arena	YA	<b>Junior</b>
	Goulds Arena	GA	CanSkate 5+, private coach
	Capital Subaru	CS	<b>Intermediate</b>
	Jack Byrne	JB	Star 4 FS OR Star 5 S & D
	Mary Brown's Centre	MB	<b>Senior</b> Star 7 FS OR Star 9 S & D

MONDAY	Regular Season		
Senior	6:30 - 7:30 AM	T2	<b>September Yetman's Replacement Ice</b>
Novice Synchro	4:00 - 5:50 PM	T2	
Intermediate	4:00 - 5:00 PM	YA	4:00 - 5:00 PM MB
Dance / Skills	5:00 - 5:40 PM	YA	5:00 - 5:40 PM MB
Junior Club-Coached	5:50 - 6:50 PM	YA	5:50 - 6:50 PM MB
Gold Synchro	9:00 - 9:50 PM	T2	

TUESDAY	Regular Season		
Intermediate	3:30 - 4:50 PM	T2	
Junior	5:00 - 6:10 PM	T2	
Senior	6:20 - 7:50 PM	T2	<b>September Yetman's Replacement Ice</b>
Dance / Skills	8:00 - 8:50 PM	T2	
CanSkate 2-6	4:00 - 4:50 PM	YA	4:05 - 4:50 PM MB
PowerSkate: Pre & Level 1	5:00 - 5:50 PM	YA	N/A - starting in October
PowerSkate: Level 1 & 2	6:00 - 6:50 PM	YA	6:00 - 6:50 PM MB
PowerSkate: Level 2 & 3	7:00 - 7:50 PM	YA	7:00 - 7:50 PM MB
Adult CanSkate	8:00 - 8:50 PM	YA	8:00 - 8:50 PM MB

WEDNESDAY	Regular Season		
Junior / Intermediate	6:30 - 7:30 AM	T2	
Senior	3:30 - 4:50 PM	T2	
Junior Club-Coached	5:00 - 5:50 PM	T1	
PowerSkate: Pre & Level 1	5:00 - 5:50 PM	T2	
PowerSkate: Level 2 & 3	6:00 - 6:50 PM	T2	
PowerSkate: Level 4	7:00 - 7:50 PM	T2	

THURSDAY	Regular Season		
Adult 2 Synchro	6:00 - 7:00 AM	T2	
Senior	3:30 - 4:50 PM	JB	
Dance / Skills	5:00 - 5:50 PM	JB	
CanSkate 1-4	6:30 - 7:30 PM	GA	

FRIDAY	Regular Season		
Competitive (Juvenile +)	6:30 - 7:50 AM	T2	
Senior	3:30 - 4:50 PM	T2	
Junior	5:00 - 6:00 PM	T2	
Intermediate	6:10 - 7:20 PM	T2	

<b>SATURDAY</b>	<b>Regular Season</b>		<b>September Yetman's Replacement Ice</b>	
<b>Star 4 Synchro</b>	7:00 - 7:50 AM	YA	7:00 - 7:50 AM	T2
<b>Junior</b>	8:00 - 9:00 AM	YA	8:00 - 9:00 AM	T2
<b>Intermediate</b>	9:10 - 10:20 AM	YA	9:10 - 10:20 AM	T2
<b>PreCanSkate</b>	10:30 - 11:00 AM	YA	10:30 - 11:00 AM	T2
<b>CanSkate 1-4</b>	11:15 - 12:00 PM	YA	11:15 - 12:00 PM	T2
<b>PreStar</b>	12:00 - 12:45 PM	YA	N/A - starting in October	
<b>Star 3 Synchro</b>	12:45 - 1:15 PM	YA	N/A - starting in October	
<b>Novice Synchro</b>	1:30 - 2:20 PM	YA	2:30 - 3:30 PM	T2
<b>Nov/Star 8 Skills</b>	2:20 - 2:50 PM	YA	3:30 - 3:50 PM	T2
<b>Star 8 Synchro</b>	2:20 - 3:50 PM	YA	4:00 - 4:50 PM	T2
<b>Adult Open</b>	4:00 - 4:50 PM	YA	5:00 - 5:50 PM	T2
<b>PowerSkate: Pre &amp; Level 1</b>	12:30 - 1:20 PM	T2		
<b>PowerSkate: Level 1 &amp; 2</b>	1:30 - 2:20 PM	T2		
<b>PreCanSkate</b>	1:30 - 2:00 PM	CS		
<b>CanSkate 1-2</b>	2:15 - 3:00 PM	CS		
<b>CanSkate 3-6</b>	3:15 - 4:00 PM	CS		
<b>Gold Synchro</b>	4:30 - 6:50 PM	JB		

<b>SUNDAY</b>	<b>Regular Season</b>		<b>September Yetman's Replacement Ice</b>	
<b>Senior</b>	8:00 - 9:20 AM	YA	8:00 - 9:20 AM	T2
<b>Dance / Skills</b>	9:20 - 10:10 AM	YA	9:20 - 10:10 AM	T2
<b>Intermediate (Star 3+)</b>	10:20 - 11:20 AM	YA	10:20 - 11:20 AM	T2
<b>Star 6 Synchro</b>	11:30 - 12:50 PM	YA	11:30 - 12:50 PM	T2
<b>Adult 1 Synchro</b>	8:00 - 8:50 PM	YA	8:00 - 8:50 PM	T2
<b>Adult 3 Synchro</b>	9:00 - 9:50 PM	YA	9:00 - 9:50 PM	T2
<b>PreCanSkate</b>	1:30 - 2:00 PM	T2		
<b>CanSkate 1-2</b>	2:00 - 2:50 PM	T2		
<b>CanSkate 3-6</b>	3:00 - 3:50 PM	T2		